

VEDANTA SEMINAR SERIES

with **Joseph Emmett**



Joseph Emmett has been a student of world-renowned Vedanta master, Swami Parthasarathy, for 25 years. Vedanta is the 5000 year-old philosophy of India. It is a manual for life and living that applies universally to all humanity. It is non-religious, non-sectarian and non-discriminating in any way. Joseph is the Director of Vedanta Institute Houston, a non-profit organization dedicated to making Vedanta available to all who seek it. Joseph offers weekly classes, self-management programs for corporate teams and serves as philosopher-in-residence at a number of world-class spa resorts.

Stress is Unnecessary

We are made to understand by society that stress is an inevitable part of life. The assumption is that an active and progressive life must include some amount of stress. Vedanta challenges that assumption and ultimately rejects it. This seminar will teach us the anatomy of stress and how to live and work without it.

Ego, your Enemy

Having a basic sense of individuality is normal. It is a part of being alive. The problems arise when we exaggerate our self-worth. That is being egoistic. In various aspects of life, both personal and professional, egoism proves to be an obstacle and may even destroy us. This seminar will educate us on ego, its potentially devastating effects and how to mitigate it.

Working and Living with Others

Every one of us have numerous relationships to navigate in life. With family, friends, coworkers, the culture we live in and even the natural environment. One of the most common issues people raise is disharmony in one or a number of these relationships. This seminar dives into the mechanisms at play in relationships and how to optimize them.

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Speaking Credentials

Over the last 15 years, Joseph has been addressing organizations, corporations, educational institutions and wellness hotel guests in the USA, Europe and India. Here is a sample of those addressed:

Young President's Organization forums

Asia Society – Texas Center

Wisdom Paris

Ananda – In the Himalayas

Southside Group of Companies

Star Pipe Products

Deloitte

SEVA

HCC

Amerapex Corporation

Indus Management Group

World President's Organization forums

Ahmedabad Management Association (AMA)

Mamata Group

Calamigos Guest Ranch and Beach Club

Pomona College

Westmont Hospitality Group

Rajasthan Medical Doctor's Association

World Hindu Congress

Jung Center of Houston

Ilan Investments

Houston India Conference



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“Joseph’s programs at the Ananda Spa in India were a watershed moment for me. I had been completely unaware of the deeply practical teachings underlying the ancient philosophy. I have found the universal, practical teachings to be extremely clarifying and a great organizer of my thoughts. I have also seen Joseph’s special touch with millennials first hand in his interactions with my family.”

Ranjan Sinha

CEO

Digby Health



“As a resource for my forum, my network, our business and as philosopher-in-residence at our resort here in Malibu for two years, Joseph’s teachings on Vedanta have been extremely impactful for me and my team. I have much more clarity and objectivity as a result of my study of Vedanta, which absolutely translates into my efficiency and productivity. I highly recommend Joseph’s programs.”

Garrett Gerson

CEO, Malibu Conference Center at Calamigos Ranch

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“Joseph’s presentation of the ancient principles of Vedanta are remarkably clear, practical and relevant to my modern life and business. His teachings provide great objectivity and clarity in life and business which is so crucial in this ever-changing world. I along with a number of my other YPO friends have greatly enjoyed learning from him and strongly recommend him as a resource for my fellow YPO’ers as well as YPO forums.”

Reza Etedali

CEO, REZA Investment Group, Inc.

“Joseph has been an incredible speaker and resource I’ve trusted on multiple occasions with various group types. While he is extremely knowledgeable about ancient Vedanta teachings, he is also highly relatable and easy to connect with socially. This combination makes him most impactful whether it is a key note talk or a small group workshop. I highly recommend Joseph to those who are looking to expand their perspectives and find ways to apply ancient wisdom into their daily lives.”

Seth Streeter

Founder and CEO, Mission Wealth

